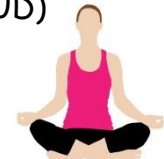
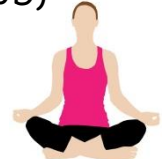




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church 	2 2:30 Group Exercise (AUD) Laura away	3 2:30 Group Exercise (AUD) Laura away	4 Laura away 	5 10:00 Coffee Club 1:45 Bingo 	6 10:00 Group Exercise 10:30 Manicures 2:00 Afternoon Drive	7 
8 10:00 Church  Lest We Forget	9 10:00 Remembrance Day Craft 1:30 Music Circle (AUD) 2:30 Group Exercise (AUD) 	10 10:00 Ones to Ones 1:30 Fall Colouring 2:30 Group Exercise (AUD)	11 10:45 Remembrance Day Memorial 2:00 Manicures (DR) 6:00 Funny Videos (DR) 	12 10:00 Coffee Club 10:30 Yoga (AUD) 1:45 Bingo 	13 10:00 Group Exercise 	14 
15 10:00 Church 	16 10:00 Arts & Crafts 1:30 Music Circle (AUD) 2:30 Group Exercise (AUD) 	17 10:00 Ones to Ones 1:30 Throwback Tunes (DR) 2:30 Group Exercise (AUD) 	18 2:00 Manicures (DR) 6:00 Evening Tea & Cookies (DR) 	19 10:00 Coffee Club 10:30 Yoga (AUD) 1:45 Bingo 	20 10:00 Group Exercise 	21 LEST WE FORGET 
22 10:00 Church 	23 9:30 Moring Drive 1:30 Music Circle (AUD) 2:30 Group Exercise (AUD) 	24 Christmas Decorating All Day 2:30 Group Exercise (AUD) 	25 2:00 Manicures 6:00 Finishing Christmas Decorating 	26 10:00 Coffee Club 10:30 Yoga (AUD) 1:45 Bingo 	27 10:00 Group Exercise 	28 
29 10:00 Church 	30 10:00 Resident Council 1:30 Music Circle (AUD) 2:30 Group Exercise (AUD) 	 NOVEMBER 				

