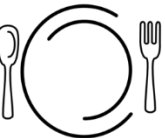




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 		1 10:00 Exercise (AUD) 	2 2:00 Manicures (DR) 6:30 Throwback tunes(DR) 	3 9:30 Coffee Club (DR) 10:00 Exercise (AUD) 10:30 Yoga with Karin 1:15 Music Concert at Heather's	4	5 
6 10:00 Church(DR)  Laura Off	7  Labour Day	8 2:00 Scrap Booking(DR) 	9 2:00 Manicures (DR) 6:30 Trivia and worksheets (DR) 	10 9:30 Coffee Club(DR) 10:00 Exercise (AUD) 10:30 Yoga with Karin 2:00 Bingo (DR) 	11 	12
13 10:00 Church (DR)  Happy Grandparents Day!	14 10:00 Exercise (AUD) 10:30 Arts & Crafts (DR) 	15 10:00 Exercise (AUD) 	16 2:00 Manicures (DR) 5:00 Diners Club (AUD) 	17 9:30 Coffee Club(DR) 10:00 Exercise (AUD) 10:30 Yoga with Karin 2:00 Bingo(DR) 	18	19 
20 10:00 Church(DR)  Laura Off	21 10:00 Exercise (AUD) 10:30 Arts & Crafts (DR) 	22 10:00 Exercise (AUD) 10:30 Resident Council (DR) 	23 10:00 Exercise (AUD) 2:00 Manicures (DR) 6:00 Movie Night! (AUD) 	24 9:30 Coffee Club (DR) 10:00 Exercise (AUD) 10:30 Yoga with Karin 2:00 Bingo (DR) 	25 	26
27 10:00 Church(DR) 	28 10:00 Exercise (AUD) 10:30 Arts & Crafts (DR) 	29 10:00 Exercise (AUD) 	30 10:00 Exercise (AUD) 2:00 Manicures (DR) 6:30 Throwback tunes(DR) 	"In every change, in every falling leaf there is some pain, some beauty. And that's the way new leaves grow." — Amit Ray 		

